

**CDP is a registered charity. We have over 20 year's experience of helping people who have problems related to drugs and alcohol.**

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**EOS** is the East Hull Project of The Council for Dependency Problems (CDP). It provides an extension of the services offered by CDP, through both drop in centres across East Hull and outreach work.

This is a community based project with two main aims. First, to reduce the difficulties individuals may face in accessing city centre or West Hull services, such as women with child-care issues. Second, to reach people who have never previously accessed treatment.

The **EOS** team work with other local professionals, who now feel better able to identify appropriate clients and provide referrals confidently.

As one warden said, he felt relieved that there was now somewhere to send people when they asked him about drugs and alcohol.

## **Key Agencies and Partnerships**

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The Project Team works with a wide range of key agencies to assess and meet the needs of service users in a variety of ways. For example:

### **Housing Providers**

- Being housed in suitable accommodation
- Playing your part in keeping your home

### **Social Services**

- Maintaining and developing relationships with family and community

### **GP's and Health Services**

- Ensuring that primary health needs are met, including any mental health issues
  - Establishing healthy lifestyles
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We also help with rent arrears, syringe exchange, hostels and other issues.

## **Drug or Alcohol Problems?**

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Is substance misuse causing you problems with

- Family
- Friends
- Accommodation
- Finances
- Employment
- Education

If so, then **EOS** and its partners may be able to help.

### **Family Member or Friend**

Are you worried about a member of your family or a friend? If so, just talk to us at one of our drop-in sessions or call the CDP office. We will put you in touch with our Family and Friends service, **saffron**

**CDP services are free**

**CDP services are confidential**


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**The East Hull Service offers**

- One to One Support
- Advice and Information
- Telephone Support
- Drop-in Service
- Group Work/Support
- Parents/Family Support
- Home Visits

**Accessing the service is easy**

- Just call us and ask to speak to an East Hull Worker
- By referral from another service or partner agency
- Come to a drop in service near you

**Ask for a copy of our  programme of drop in services in the East Hull area**



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## Opening Times

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### Hull

**Monday/Tuesday/Friday**

9.00 am — 4.30 pm

**Wednesday/Thursday**

11.30 am — 7.00 pm

CDP  
61 Spring Bank  
HULL HU3 1AG

Tel: (01482) 225868  
Fax: (01482) 580025

**[www.challengingdependency.co.uk](http://www.challengingdependency.co.uk)**

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The Council for Dependency Problems

Company No: 2533486  
Registered Charity No. 1002636



## Challenging Dependency

# East Hull Service



*Working within the East Hull community to provide confidential support around substance misuse*