

How to contact **arena** staff:

Ask In:

Custody: Police, Arrest Referral,
Police Surgeons, Solicitors

**Magistrates/
Crown:** Court liaison, Bail Support,
Probation, Solicitors

Prisons/YOI's: CARATs, Healthcare

Probation/YOTs

Resettlement

Treatment Services

Residential Rehabilitation

**Other Non Criminal Justice/Treatment
Services**

e.g. Social Services, Housing,
Employment

During office hours the above can refer you to
arena via the single point of contact:

**Telephone/fax:
(01482) 606680**

Or phone direct at any time:

Freephone: 0800 612 6126

This will put you through to an **arena** worker who can provide information about who is available to help and what help is available including when the first appointment with an **arena** worker would be.

Arena aims to be able to offer same day or next day appointments unless you contact on a Friday/Saturday.

Arena is based within the:

Drugs Intervention Team
Conifer Rooms
Suite J
34-43 Prospect Street
HULL HU2 8PX

Tel: (01482) 620013
Fax: (01482) 210084

arena



Working in the arena of everyday life

***Practical Throughcare and Aftercare
Services***

Drugs Intervention Programme

Arena

Throughcare and aftercare aims to be a flexible service with the service user at the centre.

Aims to bring about a change for the better to health, sense of well-being and way of life, leading to a reduction in drug related offending.

It aims to be sensitive to service users' needs in respect of gender, sexuality, disability, race and faith.

Is **arena** for you?

- Does substance use play a role in your offending?
- Have you been charged with drug-related offences?
- Are you in the Criminal Justice system?
- Would you say that you are at risk of offending or re-offending?
- Are you about to be released and feel you need help with treatment, housing etc?
- Are you about to complete detox or rehab and are in need of further support?

To provide this service **arena** staff will:

- Explain the benefits of the throughcare/aftercare approach.
- Assist in identifying points at which you have experienced difficulties in gaining entry to existing services.
- Assist in identifying the points at which you may have previously dropped out of services or had treatment stopped, or experienced a breakdown in communication.
- Agree with you a care plan that sets out immediate, short and long terms goals.
- This will be based on a full picture of your situation in order to identify the pressures you face. E.g. Domestic situation, accommodation needs, mental health needs, debts, life skills.
- You will be provided with a clear explanation of staff roles and responsibilities including any action you need to take yourself.

Mentors

Arena employs volunteer mentors who are selected, trained and matched to service users. They are supervised by the arena staff.

The mentors role is one of befriending, they can accompany you to appointments, help you identify activities, education and assist you to establish a social life. The mentor will engage in these activities with you and guide you through new experiences.

Support

Arena staff will also provide you with practical support along the "care pathway". They can accompany you to any service and help you put your case. They can meet you and help you make the journey from prison/rehab to home/temporary accommodation.

Family Support

Arena staff will take account of the needs of your family/partner and will, if possible, involve them and support them as part of the aftercare package.

Arena staff will work with user involvement and carer networks.